

**TEST QUESTIONS FOR  
CM Home Study Course  
VOCATIONAL SERVICES AND SUBSTANCE ABUSE  
Course Code: VSA**

- 16 Contact Hours for CRC, CCM, CDMS, and NBCC
- 16 Contact Hours for California RN Continuing Education
- 16 Hours (see below) for California Board of Behavioral Sciences  
MFT and LCSW Continuing Education
- 16 Advanced Education CEH (Continuing Education Hours) for California Association  
of Alcoholism and Drug Abuse Counselors (CFAAP/CAADAC) and National Association of  
Alcoholism and Drug Abuse Counselors (NAADAC)

Please note that different certifying organizations may approve different credit hours/CEUs for this course.

Please include your certification/licensure title(s) and corresponding number(s) on your registration form. After you return the Registration and Answer Sheet Form with 75% or higher correct answers and the registration fee, a certificate verifying your completion will be mailed directly to you for your submission to your certifying or licensing organization.

Note: Not all courses have the same approvals. **BE SURE THAT THIS COURSE HAS THE APPROVAL FOR THE CREDENTIAL/LICENSE WHICH YOU NEED.** Refer to the approvals listed at the top of this page and to our website "approvals" section for details. Certificates verifying completion are subject to any changes, limitations or restrictions by the professional certification/licensure organization granting continuing education approval. Some organizations restrict the number of home study credits. It is your responsibility to determine if any restrictions apply to your credential.

**ATTENTION CALIFORNIA MFT'S AND LCSW'S AND COUNSELORS FOR NAADAC**

The number of contact hours may be greater than the number you may be able to apply to your situation. Note the following: California Board of Behavioral Sciences has indicated: "A licensee may accrue no more than twelve (12) hours of continuing education earned through self-study courses during a single renewal period" and "you can take only up to one-third of your required CE hours through self-study." NAADAC has indicated that no more than 12 hours of training may be under the home study program category.

Based on the text, *Integrating Substance Abuse Treatment and Vocational Services*, by U.S. Department of Health and Human Services, select the best answer to each of the following questions.

Based on the "Executive Summary and Recommendations," select the best answer to each of the following questions.

1. Employment has been positively correlated with retention in treatment.
  - a. true
  - b. false
  
2. For vocational programming, the next step after assessment is to counsel clients about setting vocational goals and \_\_\_\_\_ for achieving those goals.
  - a. creating only short-term plans but not long-term plans
  - b. creating only long-term plans but not short-term plans
  - c. creating short-term and long-term plans

Based on Chapter 1, select the best answer to each of the following questions.

3. An outpatient program where clients are required to report several times during the week presents a setting to help clients develop \_\_\_\_\_ that could later be transferred to the work place.
  - a. punctuality
  - b. regular attendance
  - c. appropriate dress and behavior skills
  - d. all of the above
  
4. Distinctions may be made between temporary and chronic limitations to employment.
  - a. true
  - b. false
  
5. Which is true for TANF:
  - a. it refers to Temporary Assistance for Needy Families
  - b. welfare authorities may impose work requirements and sanction those who fail to comply
  - c. both a and b

Based on Chapter 2, select the best answer to each of the following questions.

6. Which of the following are vocational rehabilitation counseling functions:
  - a. providing information to clients about the types of stressors and rewards associated with different jobs.
  - b. teaching the client basic problem solving and coping skills
  - c. both a and b
  - d. neither a nor b
  
7. As treatment progresses, changes in the client's abilities and life circumstances can affect the client's:
  - a. capacity for employment
  - b. eligibility for resources
  - c. attitude toward employment
  - d. any of the above
  
8. The Federal Minimum Data SET (MDS) is also called the Treatment Episode Data Set (TEDS).
  - a. true
  - b. false
  
9. The purpose of an assessment in the area of "learning" is to determine the client's educational level and ability to:
  - a. process new information
  - b. concentrate and remain on task
  - c. apply what has been learned
  - d. all of the above
  
10. The Self-Directed Search:
  - a. addresses vocational interest
  - b. is available only in English
  - c. is available in a form for people with low reading levels
  - d. both a and c
  
11. The GATB measure aptitudes including which of the following aptitudes:
  - a. general learning ability
  - b. spatial aptitude
  - c. finger dexterity
  - d. all of the above

12. Which of the following may be included in job-seeking skills and training:
- a. how to prepare a resume that presents the client in the best possible light
  - b. how to fill out job application forms that highlight the client's skills
  - c. expectations for the number of contacts made each week
  - d. all of the above
13. In the discussion of state vocational rehabilitation agencies, the text recommends which of the following:
- a. the alcohol and drug counselor review the plan with the VR counselor
  - b. the vocational plan should reinforce the substance abuse treatment plan
  - c. both a and b
  - d. neither a nor b

Based on Chapter 3, select the best answer to the following questions.

14. Which of the following may be goals in the vocational component in the treatment plan:
- a. improving relationships with coworkers
  - b. handling anger or stress appropriately in the workplace
  - c. improving attendance
  - d. all of the above
15. The clinician's grasp of the employer's view \_\_\_\_\_ the client's smooth transition to the workplace.
- a. is essential to ensuring
  - b. is not important to ensure
16. If the client has a negative work history, the clinician can activate a positive self-image by:
- a. asking the client about areas in her life in which she has been successful
  - b. discussing the details of the failures in work history
17. Which of the following are typically involved in the "transferable work skills analysis" process:
- a. relevant job history, training, and experience
  - b. skills learned and responsibilities handled
  - c. physical capabilities and education
  - d. all of the above

18. Transferring skills from one job to another \_\_\_\_\_ the assessment of a medical determination of the client's current physical and mental status and ability.
- a. requires
  - b. does not require
19. Use of metaphors \_\_\_\_\_ illustrate stages of growth leading to a goal.
- a. can help
  - b. should never be used to
20. Many persons in recovery experience problems with authority that can become clinical issues as they enter the work environment.
- a. true
  - b. false
21. Methodone can never be detected in an employer mandated drug test.
- a. true
  - b. false
22. Side effects of psychotropic medications such as \_\_\_\_\_ should be considered when determining appropriate work situations.
- a. lethargy
  - b. dizziness and nausea
  - c. both a and b
23. Since some medications leave the body through sweat, some clients in jobs involving physical exertion, such as construction, may require adjustments.
- a. true
  - b. false
24. Job related housing resources may include access to an answering machine or reliable message taker.
- a. true
  - b. false
25. Some child care voucher programs are initiated when employment begins.
- a. true
  - b. false

26. The group therapy format \_\_\_\_\_ to give clients an opportunity to role-play responses in difficult social situations.
- a. is not recommended
  - b. is recommended
27. Family members response to the client's employment situation should always be ignored.
- a. true
  - b. false
28. Some job counselors envision an employment "web" in which the client can move laterally, up, or down to accomplish strategic objectives.
- a. true
  - b. false
29. For a recovering substance user, the text recommends avoiding which of the following types of jobs:
- a. all night shifts at factories
  - b. unsupervised jobs such as late-night guard
  - c. jobs in industries that contain a high percentage of users
  - d. all of the above
30. For recovering heroin users, many clients will not be able to \_\_\_\_\_ during the recovery period.
- a. do a great deal of walking
  - b. handle physically demanding jobs
  - c. both a and b
31. Which of the following are potential relapse triggers:
- a. pay day
  - b. working excessive overtime
  - c. job dissatisfaction or boredom
  - d. any of the above

Based on Chapter 4, select the best answer to the following question.

32. Which of the following is a recommendation for education about work and job seeking:
- a. organizations in the community sending volunteers to address client groups
  - b. ask clients to bring in five employment ads that describe jobs that appeal to them
  - c. both a and b

Based on Chapter 5, select the best answer to the following question.

33. To prevent fragmentation, the text recommends an approach of designating one agency as the primary contact both for the client and for the other agencies.
- a. true
  - b. false

Based on Chapter 6, select the best answer to the following question.

34. Many people in substance abuse treatment are homeless under HUD's definition.
- a. true
  - b. false

Based on Chapter 7, select the best answer to each of the following questions.

35. The Federal regulations implementing ADA and The Rehabilitation Act \_\_\_\_\_ individuals whose substance abuse disorder involves alcohol and those who use illegal drugs.
- a. make a distinction between
  - b. do not make a distinction between
36. According to the text, drug treatment programs \_\_\_\_\_ who continue to use illegal drugs while they are in the program.
- a. may not deny participation to individuals
  - b. may deny participation to individuals
37. A vocational training program could refuse to admit a user of illegal drugs, unless the individual had stopped and was participating in or had completed drug treatment.
- a. true
  - b. false

38. Clients who participate under the Workforce Investment Act:
- may not be tested for illegal drugs
  - may be tested for illegal drugs
39. Which of the following are recommendations for clients:
- clients should always volunteer information about their substance use histories
  - clients should have a strategy for dealing with “illegal questions”
40. Which of the following is discussed in the text discussion of confidentiality:
- the substance abuse treatment provider is prohibited from disclosing even the client’s name
  - the counselor may not acknowledge to an outside party that a particular client is a participant in the program
  - both a and b
41. The Federal regulations’ requirements regarding consent indicate that a proper consent form must be in writing and must contain several items including:
- the purpose or need for the disclosure
  - how much and what kind of information will be disclosed
  - the date, event, or condition upon which the consent expires if not previously revoked.
  - all of the above
42. Which of the following are recommendations that might be in a consent form for a treatment provider and a vocational training program coordinating care for the patient:
- “coordination of services for...”
  - “treatment status, treatment issues, and progress in treatment”
  - both a and b
43. In the discussion of warning an employer without violating the Federal confidentiality rules, the text recommends that for a client in a safety-sensitive position, the program should have on hand a consent form permitting it to inform the employer or training program about a relapse that:
- does not pose a threat to others
  - poses a threat to others

Based on Chapter 8, select the best answer to each of the following questions.

44. The text recommends that counselors can demonstrate respect by:
- a. holding conversations with clients privately
  - b. explaining why certain questions need to be asked
  - c. both a and b
45. Which of the following is recommended to overcome barriers to employment:
- a. develop a “statement of interest”
  - b. address the employer’s concerns
  - c. both a and b
  - d. neither a nor b

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