

**TEST QUESTIONS FOR
CM Home Study Course
SUBSTANCE ABUSE AND DISABILITIES
Course Code: SAD**

16 Contact Hours for CRC, CCM, CDMS, and NBCC
16 Contact Hours for California RN Continuing Education
16 Hours (see below) for California Board of Behavioral Sciences
MFT and LCSW Continuing Education
16 Advanced Education CEH (Continuing Education Hours) for California Association
of Alcoholism and Drug Abuse Counselors (CFAAP/CAADAC) and National Association of
Alcoholism and Drug Abuse Counselors (NAADAC)

Please note that different certifying organizations may approve different credit hours/CEUs for this course.

Please include your certification/licensure title(s) and corresponding number(s) on your registration form. After you return the Registration and Answer Sheet Form with 75% or higher correct answers and the registration fee, a certificate verifying your completion will be mailed directly to you for your submission to your certifying or licensing organization.

Note: Not all courses have the same approvals. **BE SURE THAT THIS COURSE HAS THE APPROVAL FOR THE CREDENTIAL/LICENSE WHICH YOU NEED.** Refer to the approvals listed at the top of this page and to our website "approvals" section for details. Certificates verifying completion are subject to any changes, limitations or restrictions by the professional certification/licensure organization granting continuing education approval. Some organizations restrict the number of home study credits. It is your responsibility to determine if any restrictions apply to your credential.

ATTENTION CALIFORNIA MFT'S AND LCSW'S AND COUNSELORS FOR NAADAC

The number of contact hours may be greater than the number you may be able to apply to your situation. Note the following: California Board of Behavioral Sciences has indicated: "A licensee may accrue no more than twelve (12) hours of continuing education earned through self-study courses during a single renewal period" and "you can take only up to one-third of your required CE hours through self-study." NAADAC has indicated that no more than 12 hours of training may be under the home study program category.

Based on the text material *Substance Use Disorder Treatment For People With Physical and Cognitive Disabilities*, TIP Series 29, Dennis Moore, Ed.D., et al, U.S. Department of Health and Human Services, select the best answers to each of the following questions.

Based on the section “Executive Summary and Recommendations”, select the best answer to each of the following questions.

1. Treatment programs have _____ to make treatment for clients with coexisting physical and cognitive disabilities as effective as possible.
 - a. a legal responsibility but not an ethical responsibility
 - b. an ethical responsibility but not a legal responsibility
 - c. a legal and ethical responsibility

2. Which of the following are accommodations for people with coexisting disabilities in treatment for substance use disorders:
 - a. adjusting counseling schedules
 - b. providing sign language interpreters
 - c. suspending “no-medication” rules
 - d. any of the above

3. Which of the following is a recommendation for screening for disabilities:
 - a. if there are forms to be completed as part of intake processing people who are blind should be offered a braille format but not audiocassette.
 - b. when screening for people with cognitive disabilities it may help to use props such as different glass or bottle sizes

4. Which of the following is a recommendation for counseling people with cognitive impairment:
 - a. repeat questions
 - b. ask the client to repeat, in her own words, what has been said
 - c. keep discussions concrete
 - d. all of the above

Based on Chapter 1, select the best answer to each of the following questions.

5. Accommodations which may be necessary in substance use disorder treatment include use of large print materials, reading services, attended care, adaptive equipment such as listening devices:
 - a. and flexible schedules to accommodate different physical needs
 - b. but never flexible schedules because such an accommodation would prevent treatment success.

6. The text indicates that coexisting disabilities may actually affect _____ of all clients served by substance use disorder treatment programs.
 - a. up to 40 percent
 - b. less than 5 percent

7. Which of the following is a general rule for referring to persons with disabilities in a respectful, sensitive manner:
 - a. put people first, before their disabilities
 - b. referring to “disabled people”
 - c. refer to the disability in place of the person

8. Affective impairments include symptoms of mental disorders such as:
 - a. disorganized speech and behavior
 - b. markedly depressed mood
 - c. anhedonia (joylessness)
 - d. any of the above

9. Which of the following is true:
 - a. ASL refers to American Sign Language
 - b. RID refers to the Registry on Interpreters for the Deaf
 - c. CART refers to Computer Assisted Realtime Transcription
 - d. all of the above

Based on Chapter 2, select the best answer to each of the following questions.

10. The consensus panel recommends that _____ be screened for disabilities.
 - a. only clients with obvious disabilities
 - b. every new client
 - c. randomly selected clients

11. According to “Disability Etiquette,” “May I help?”:
 - a. should never be used
 - b. should be followed by “How may I help?”

12. If a person is struggling to put a wheelchair into a car:
 - a. first ask if help is needed, then ask how the wheelchair should be placed in the car so that the person can later remove the wheelchair unassisted
 - b. don’t ever ask if help is needed

13. For “Disability Etiquette”, ways of beginning to ask more direct questions include:
- “May I ask you about....”
 - “It would help me to know more about”
 - both a or b
14. Which of the following is recommended for “Disability Etiquette” for people with sensory disabilities of blindness:
- pull a person by the arm
 - put the blind person’s hand on the arm of the chair she is to use
 - pet the service animal
15. When talking to a person who is blind:
- avoid phrases like “over there” or “like this”
 - avoid words like “see” and “look”
16. Which of the following is recommended when interviewing an individual who is deaf or hard of hearing:
- look directly at the person when communicating
 - if an interpreter is used, look directly at the client
 - if an interpreter is used, always look directly at the interpreter and never at the client
 - both a and b
17. If a person in a wheelchair expresses anger at not being able to enter the facility through the same entrance, the provider _____ that the individual is unusually resistant to treatment.
- should assume
 - should not assume
18. With a person using a wheelchair, a provider should touch any adaptive equipment:
- only with permission
 - any time the provider thinks it might help the person
19. Which of the following is a recommendation in screening for disabilities:
- assess the level of abilities
 - assess the level of functioning
 - both a and b

20. An individual with a functional limitation such as an inability to read may seem indifferent to achieving treatment goals. The individual may actually have difficulty:
- processing information
 - retaining information
 - both a and b
21. Which of the following is true of memory problems such as those resulting from TBI:
- they may be hard to detect initially
 - a person might appear to be comprehending a vast amount of new information
 - a person might not retain the information even until the following day
 - all of the above
22. The use of cocaine and crack _____ mask clinical depression.
- can
 - will never
23. In the case example of John, which of the following may be issues that need to be addressed:
- reading problems of written material
 - attention problems in group treatment
 - possible difficulties with awareness and problem solving
 - all of the above
24. When conducting an intake interview with an individual with a physical disability:
- wheelchairs should fit beneath the table surfaces
 - interviewers should try to place themselves so that they are no higher than the person being interviewed
 - interviewers should attempt to gauge when clients are becoming fatigued
 - all of the above
25. When interviewing an individual with chronic pain, which of the following is recommended:
- periodically inquire how the individual is doing and offer to take breaks
 - rush through the interview even if very important information is neglected

26. Which of the following should be included in psychosocial history:
- a. whether a person has had skills training
 - b. when the training took place relative to the history of the substance abuse disorder
 - c. both a and b

Based on Chapter 3, select the best answer to each of the following questions.

27. Which of the following are recommendations for treatment planning and service delivery:
- a. revise treatment plans to accommodate the needs of people with coexisting disabilities
 - b. understand how an individual feels about her own disabilities
 - c. discussions of how a person with a disability uses avoidance strategies in daily life
 - d. all of the above
28. Treatment plans for people with coexisting disabilities should be flexible enough to take into account changes that may occur in a person's condition.
- a. true
 - b. false
29. Chronic bladder infections:
- a. are rare in persons with spinal paralysis
 - b. are affected by alcohol consumption
30. Autonomic hyperreflexia is a nervous system reaction that leads to a rapid and sometimes fatal rise in blood pressure.
- a. true
 - b. false
31. Persons with spinal cord injuries who consume substances to the point of intoxication _____decubitous ulcers of the skin.
- a. rarely experience
 - b. often experience

32. Clients with TBI should be made aware of the affect of alcohol on their seizure threshold.
- a. true
 - b. false
33. Making a trial run to the site of an Alcoholics Anonymous (AA) meeting during a less busy time of the day is an example of an adjustment in treatment for a person with a physical disability.
- a. true
 - b. false
34. The treatment plan should document _____ to the usual treatment procedures that are being made.
- a. all alterations
 - b. only the alterations of which other clients are aware
35. Individual counseling session times should be flexible which can involve:
- a. shortened sessions
 - b. lengthened sessions
 - c. more frequent sessions
 - d. all of the above
36. The Consensus Panel recommends that providers:
- a. do not ever make home visits
 - b. make home visits if necessary
37. While accommodations may be needed to integrate people with co existing disabilities into group counseling, it is important to first:
- a. emphasize the differences in group members, not what all group members have in common
 - b. emphasize what all group members have in common
38. Which of the following are alternative treatments for chronic pain:
- a. TENS unit
 - b. biofeedback
 - c. magnetic therapy
 - d. all of the above

Based on Chapter 4, select the best answer to each of the following questions.

39. Which of the following is a model for establishing linkages to provide for interagency case management:
- a. the single agency
 - b. the informal partnership
 - c. the formal consortium
 - d. all of the above
40. DBTACS are centers which provide information, training and technical assistance.
- a. true
 - b. false

Based on Chapter 5, select the best answer to each of the following questions.

41. The text indicates that programs serving individuals with cognitive disabilities:
- a. should never simplify abstract concepts
 - b. should never tailor reading and writing tasks to the cognitive level of the individual because it is unfair to other clients
 - c. neither a nor b
42. Which of the following administrative tasks are recommended:
- a. train staff on information on the use of assistive devices
 - b. form resource networks with groups such as Centers for Independent Living
 - c. both a and b

Based on Appendix C, select the best answer to the following question.

43. Which of the following are preferred words used to portray people with disabilities in a positive manner:
- a. girl who is visually impaired
 - b. child who has a speech disorder
 - c. stroke victim instead of stroke survivor
 - d. both a and b

Based on Appendix D, select the best answer to the following question.

44. For ADA compliance, which of the following are barriers which privately operated alcohol and drug abuse programs need to overcome:
- a. attitudinal barriers
 - b. discriminatory policies, practices, and procedures
 - c. communication barriers and architectural barriers
 - d. all of the above
45. Which of the following questions is included in the Figure 2-1: "Educational and Health Survey":
- a. "Do you have difficulty hearing in group settings?"
 - b. "Have you ever received health or disability benefits?"
 - c. both a and b
46. According to Figure 2-2: "Impairment and Functional Limitation Screen", which of the following is a further question for question 10 regarding "Have you ever hit your head or lost consciousness?":
- a. ask client if he has ever been in a car accident or a fight
 - b. ask about any changes in functioning dating from the time of the injury
 - c. both a and b

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